

Regional Lead Instructor – Hockey Skills (West, Midwest, South, East | 2026 Season)

Company Description

Apex Hockey is a premier hockey skills training brand that uses biomechanics, sports science, and on-ice technology to elevate athlete performance. Through youth camps across North America and collaborations with NHL teams, Apex Hockey has developed a specialized methodology. With headquarters in Ottawa and Los Angeles, our team of former players seamlessly blends cutting-edge research, technology, and on-ice expertise to deliver elite training programs.

Position

Title: Regional Lead Instructor (Hockey Skills)

Role Type: Part-Time/Contract

Regions Hiring:

- West
- Midwest
- South
- East

Local/regional applicants preferred within each region.

Role Overview

The Regional Lead Instructor is the primary on-ice and program leader for Apex Hockey camps and clinics within an assigned region (West, Midwest, South, or East). This role combines high-level on-ice instruction with staff leadership, program quality control, and regional coordination. You'll act as the lead coach for key Apex events in your region, ensure our methodology is delivered consistently, mentor local Head and Associate Skills Coaches, and be a visible point of contact for players, families, partner rinks, and organizations. This

position is ideal for an experienced skills coach who is comfortable leading a staff, managing multiple events, and representing a high-performance brand in their local hockey community.

Key Responsibilities

On-Ice Leadership & Program Delivery

- Lead and oversee on-ice training sessions for players across multiple age groups and skill levels.
- Design and adapt high-quality practice plans aligned with Apex's methodology.
- Demonstrate advanced hockey skills and techniques at a high proficiency level.
- Ensure safe, energetic, and professional training environments at all times.

Regional Program Management

- Serve as the lead instructor for Apex camps/clinics within your assigned region (West, Midwest, South, or East), overseeing on-ice operations.
- Coordinate with Apex HQ on camp formats, schedules, player groupings, and staffing needs.
- Help maintain standards for on-ice technology used in Apex programming (where applicable).
- Provide post-event feedback and basic reporting on player development trends and program execution in your region.

Staff Leadership & Development

- Mentor local skills coaches in your region, providing guidance on drill execution, communication, and practice design.
- Lead pre-camp briefings and post-camp debriefs to align staff on expectations and continuous improvement.

Player, Family & Partner Relations

- Communicate clearly and professionally with players and parents about development goals, strengths, and areas for improvement.
 - Represent Apex Hockey with professionalism in all interactions with rink staff, local associations, and partners.
 - Help foster a positive, development-focused environment that reflects Apex's values and brand.
-

Qualifications

Must-Have

- Extensive experience coaching youth hockey players across multiple age groups and levels.
- Strong background in individual skills development (edgework, puck skills, shooting, game-transfer skills).
- Ability to confidently lead and manage a coaching staff on the ice.
- Played at a high level (Junior, NCAA, Major Junior, Pro; or high-level AAA with extensive coaching experience).
- Proven experience creating structured, progression-based practice plans.
- Excellent communication and interpersonal skills with players, parents, and staff.
- Highly organized, punctual, and reliable, with the ability to manage multiple events in a season.
- Flexible availability with a willingness to work weekends, and peak camp periods as required.
- Background check required.

Preferred

- Prior experience in a lead or director-level coaching role (e.g., Skills Director, Hockey Director, Head Skills Coach).

- Familiarity with biomechanics, video analysis, or on-ice technology/tools used in skill development.
 - Coaching certifications (USA Hockey, Hockey Canada, or equivalent).
 - Bachelor's degree in Sports Science, Kinesiology, Physical Education, or related field (preferred but not necessary).
 - Strong connections within the local/regional hockey community.
-

Compensation & Commitment

- Competitive compensation commensurate with experience and responsibility level.
- Workload will be event-based (camps, clinics, specialty programs) with seasonal peaks.
- Opportunities for expanded responsibilities and additional weeks of work as Apex grows within your region.

(Specific rates, dates, and expected workload will be discussed during the interview process and may vary by region.)

How to Apply

Please submit the following to info@apexhockey.com:

- CV or hockey/coaching résumé
- Brief cover letter outlining:
 - Your coaching experience and playing background
 - Why you are a strong fit for a **Regional Lead Instructor** role
 - Your current **home city/region** and which region you are applying for (**West, Midwest, South, or East**)
 - Your typical availability (seasonal and weekly)

Please use the subject line:

“Regional Lead Instructor – [Region | Your City]”

Example: “Regional Lead Instructor – Midwest | Chicago”

Please note: This Regional Lead Instructor role is structured as an independent contractor position with variable, event-based hours and no guaranteed minimum number of sessions.